

# IN *the* BAG

CORPORATE CUISINE  
BREAKFAST - LUNCH - CATERING



**Delivery. On Time. Every Time.**

**Central Iowa's Corporate Caterer**

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# Gourmet Sandwiches

*Sandwiches come with:*

- Fresh sliced fruit or a crisp veggie cup
- Pasta salad
- A brownie for dessert
- Condiments, napkin and utensils



*Gluten-free wraps and bread available upon request.*

- 1. COBB SANDWICH.** A salad-in-a-sandwich with smoked turkey, crisp bacon, avocado, bleu cheese, and tomato on a bed of fresh greens, piled high on marbled rye. . . . . \$14.00
- 2. SOUTHWEST TURKEY**  
Honey smoked turkey topped with sriracha cheese, bacon, tomato, onion, and lettuce. Served on a ciabatta hoagie with a side of boom boom sauce. . . . . \$14.00
- 3. ROAST BEEF.** Your all-time favorite, dressed for success: thinly sliced lean roast beef, stacked with a slice of Wisconsin cheddar, tomato, and lettuce, on a Kaiser roll. Side of horseradish sauce available upon request . . . . . \$13.00
- 4. TURKEY BREAST.** Our moist, shaved smoked turkey breast is topped with provolone cheese and fresh greens on multi-grain bread. Side of tangy cranberry sauce is available upon request. . . . . \$12.50
- 5. VEGETARIAN.** Yummy ripe avocado with mild provolone and cheddar topped with garden-fresh carrots, tomato, cucumber, red onion, and leaf lettuce, served on marbled rye bread. . . . . \$12.50
- 6. CHICKEN SALAD.** A sassy chicken salad with diced apples, celery, and almonds, seasoned with honey-poppseed dressing and topped with leaf lettuce, served on a flaky croissant. . . . . \$13.00
- 7. TUNA SALAD.** Zippy tuna salad with flair, with white Albacore tuna and topped with cashews and leaf lettuce. Served on a croissant. . . . . \$13.00
- 8. HAM AND SWISS.** An international medley of thinly sliced ham, baby swiss cheese and fresh greens, piled high on fresh marble. . . . . \$12.50
- 9. EGG SALAD.** Dill-lightful egg salad seasoned with a touch of dill and topped with fresh greens. Served on a croissant . . . . . \$12.50
- 10. PEANUT BUTTER AND APPLE.** The ultimate peanut butter sandwich. 100% natural peanut butter and slices of Red Delicious apple, topped with apple butter, served on our special wheat bread . . \$12.00
- 11. CHICKEN AVOCADO.** Tender sliced chicken breast with yummy avocado, strips of crisp bacon, slices of tomato and Swiss cheese, topped with green leaf lettuce on a fresh hoagie roll . . . . . \$14.00

12. **CLASSIC CLUB.** A giant of a sandwich with shaved smoked turkey, crisp bacon and tender roast beef, stacked high with Swiss and cheddar cheese, lettuce & tomato on our marbled rye. . . . . \$14.50
13. **CHICKEN SANDWICH.** We start with a fresh hoagie, then a layer of sliced whole chicken breast, Wisconsin cheddar cheese and topped with lettuce and tomato. Simply delicious. . . . . \$13.00
14. **CLASSIC ITALIAN.** A hoagie stacked with Italian salami, spicy pepperoni, cured ham and provolone cheese, topped with fresh greens, tomato, and green olives. Italian dressing on the side . . . . . \$14.00
15. **CHICKEN PITA.** A tender sliced chicken breast, lettuce, tomato, and onions, wrapped in a delicious pita with our special cucumber sauce on the side. . . . . \$12.50
16. **MIDDLE EASTERN VEGGIE.** Delicious and nutritious hummus topped with Kalamata olives, feta cheese, fresh green leaf lettuce, cucumber, red onion, and tomato. Served in a pita . . . . . \$12.50
17. **GRILLED CHICKEN CAESAR CROISSANT.** A continental twist gives this sandwich a sweet finish. Sliced grilled chicken is layered with Romaine lettuce, then dusted with Parmesan cheese, and stacked on a flaky croissant spread with creamy Caesar dressing. . . . . \$14.00
24. **ROAST BEEF AND PROVOLONE**  
Thinly sliced roast beef stacked with provolone, tomatoes, shredded lettuce, onion, and sweet bell pepper strips. Served on ciabatta hoagie with a side horsey aioli . . . . . \$14.50

## PICK 2

\$13.50

Mix and match 1/2 orders from any of our sandwiches, wraps, salads, or soups.



## BASIC BROWN BAG

These sandwiches come with fresh sliced fruit, chips, condiments on the side and a brownie.

18. **TURKEY**  
19. **HAM**  
20. **ROAST BEEF**  
21. **VEGETARIAN**  
22. **PAULINE'S HAM SALAD**  
23. **PEANUT BUTTER & GRAPE JELLY**

YOUR CHOICE  
+\$12.00

25. **SMOKED PORK LOIN.** Generous slices of juicy pork loin stacked with provolone cheese, fresh greens, and tomato on wheat bread. Includes a side of applesauce and BBQ sauce . . . . . \$13.00
26. **THE NEW YORKER.** This is the legendary corned beef and pastrami sandwich from the Big Apple. Perfectly seasoned corned beef joins thinly sliced pastrami piled high on marbled rye bread. It's topped with Swiss cheese, lettuce, tomato, and onion. Comes with a side of coleslaw and 1000 Island dressing . . . . . \$14.00
27. **CHICKEN CORDON BLEU.** Tender chicken breast crowned with flavorful baby swiss cheese and lightly cured ham on a fresh croissant stuffed with lettuce leaves and tomato slices. Accompanied with a side of our sweet honey-mustard dressing . . . . . \$14.50

\$10.00

## REAL DEAL MEALS

Feeding a bunch and don't have a hunch what anyone will want? Mix and match any **25 or more** smaller sized sandwiches. Each sandwich comes on a bun, with chips, fresh sliced fruit and an Oreo cookie package.

- RD50. **TURKEY SANDWICH DEAL MEAL**  
RD51. **HAM SANDWICH DEAL MEAL**  
RD52. **ROAST BEEF SANDWICH DEAL MEAL**  
RD53. **VEGGIE SANDWICH DEAL MEAL**

# Salads

Your salad comes with:

- A fresh baked roll, butter
- Croutons & light or regular dressing on the side
- A brownie for dessert
- A napkin and utensils

ANY SALAD  
**\$13.50**



You may substitute fresh baked cookies for the brownies in your bag — just ask!



Gluten-free available upon request.

- 30. AUTUMN RIVER SALAD.** Crispy Red Delicious apples, bleu cheese, pecans, and mixed greens topped with smoked turkey and honey dijon dressing on the side.
- 31. GREEK COUNTRY SALAD.** Romaine lettuce, cherry tomatoes, cucumbers, feta cheese, Greek olives, and sliced red onions, served with a lemon Greek vinaigrette.
- 32. CHEF SALAD.** Mixed greens, bite-size pieces of tomato, cucumber, and carrots, topped with assorted cheeses, hard-boiled egg, roast beef, turkey, and ham. Comes with croutons and your choice of: Italian, ranch, thousand island, French, bleu cheese, honey dijon or fat-free ranch.
- 33. TORTELLINI CAESAR SALAD.** Cheese-filled pasta mixed with romaine lettuce, asparagus, croutons, Parmesan cheese, and served with Caesar dressing.
- 34. COBB PASTA SALAD.** Special pasta mixed with tender chunks of chicken and mixed greens, topped with crumbled bleu cheese, black olives, tomatoes, and bacon. Honey dijon dressing on the side.
- 35. CHICKEN FAJITA SALAD.** Strips of spicy grilled chicken and strips of pepper and onion sit on a bed of lettuce crowned with grated Monterey Jack cheese, black olives and a dollop of sour cream. Comes with a side of fried tortilla strips, salsa and ranch dressing.
- 36. CHICKEN SALAD PLATE.** Fresh chicken tossed with diced apples, celery and almonds, seasoned with honey-poppseed dressing and served with a variety of fresh fruits and ranch dressing on the side.
- 37. TUNA SALAD PLATE.** White Albacore tuna salad, served with a variety of seasonal fresh fruits topped with cashews and ranch dressing.



38. **BEEF FAJITA SALAD.** Slices of seasoned grilled beef, peppers and onions, sit on a bed of lettuce topped with grated Monterey Jack cheese, black olives and a dollop of sour cream. Comes with a side of fried tortilla strips, salsa and ranch dressing.
39. **SANTA FE CHICKEN SALAD.** Fresh tossed greens topped with a mildly spiced chicken breast, shredded cheese, olives, tomatoes, a special chutney sauce and ranch dressing.
40. **IN THE BAG SALAD.** Our signature salad with mixed organic baby greens, artichoke hearts, crunchy pecans, and feta cheese. Balsamic vinaigrette on the side. You may substitute fresh baked cookies for the brownies in your bag — just ask!
41. **CARIBBEAN CHICKEN SALAD.** Sweet and subtle. A full bed of mixed greens topped with marinated chicken breast, Mandarin oranges, pineapple, and pecans with chow mein noodles. French dressing on the side.
42. **SPINACH SALAD.** A bowl of the freshest spinach tossed with cherry tomatoes, smoked bacon bits, sliced cucumber, red onion and hard-boiled eggs. Comes with raspberry vinaigrette dressing.
43. **CLUB SALAD.** A flavorful old favorite. Slices of chicken, ham and Swiss cheese are combined with tomatoes, bacon bits and topped with slices of hardboiled egg and red onion. Comes with ranch dressing.
44. **FRESH STRAWBERRY SALAD.** A mix of fresh salad greens, sliced strawberries and kiwi, topped with cashews and served with a side of raspberry vinaigrette.
45. **COBB SALAD.** Strips of grilled chicken top a bed of chopped romaine lettuce and are sprinkled with diced tomatoes and avocado, sliced bacon, crumbled bleu cheese and hard-boiled egg. Comes with bleu cheese dressing, or any other, on the side.
46. **FRUIT SALAD.** A generous medley of the freshest fruit of the season served on a bed of baby greens. Comes with a raspberry vinaigrette dressing.
47. **ORIENTAL CHICKEN SALAD.** A juicy chicken breast complimented with crunchy chow mein noodles, toasted almonds, Mandarin oranges and water chestnuts on top of a shredded lettuce/cabbage combination and special dressing.
48. **CLASSIC 7-LAYER SALAD.** As you'd expect — layers of lettuce, peas, bacon, onion, cheese, and tomatoes — topped with our special dressing, and a roll.
49. **CHICKEN CAESAR SALAD.** This classic is one of our most popular salads. Romaine lettuce is crowned with strips of grilled chicken, slices of hard boiled egg, cherry tomatoes, and shaved Parmesan cheese. Comes with Caesar dressing.
50. **SMOKED SALMON CAESAR SALAD.** Flaky slices of smoked salmon sit on a bed of romaine lettuce and tomatoes. The salad is crowned with hard boiled eggs and a sprinkling of Parmesan cheese. Comes with Caesar dressing.
51. **FRESH VEGETABLE SALAD.** The perfect salad when you can't decide. An assortment of fresh, in-season veggies tossed with mixed greens. Your choice of any of our wide selection of salad dressings, light or regular.

# Wraps & Soups

Your tortilla comes with:

- Fresh sliced fruit or a crisp veggie cup
- Pasta salad
- A brownie for dessert
- Condiments, napkin and utensils

ANY WRAP  
**\$13.50**



You may substitute fresh baked cookies for the brownies in your bag — just ask!



*Gluten-free wraps and bread available upon request.*

- 60. TANGY BEEF ROLL-UP.** Herbed cream cheese spread with shredded carrots, cheese, and lettuce, rolled around sliced beef.
- 61. BERRY TURKEY WRAP.** Thin-sliced smoked turkey and shredded lettuce on top of cream cheese mixed with tangy cranberries.
- 62. CRUNCH-WITH-A-PUNCH CHICKEN WRAP.** Chicken wrapped with walnuts, dried cherries, celery, shredded carrots and bleu cheese dressing.
- 63. HERBED VEGGIE WRAP.** A mixture of fresh shredded veggies on a wrap spread with herbed cream cheese.
- 66. CHICKEN FAJITA WRAP.** Spicy grilled chicken with Monterey Jack cheese, topped with black olives, peppers, onions, lettuce, and sour cream. Served with a side of salsa.
- 67. BEEF FAJITA WRAP.** Spicy grilled beef with Monterey Jack cheese, topped with black olives, peppers, onions, lettuce, and sour cream. Served with a side of salsa.
- 68. CHICKEN CAESAR WRAP.** Slices of grilled chicken breast and Parmesan cheese wrapped with romaine lettuce and dressed with classic Caesar dressing.
- 69. TURKEY HAVARTI WRAP.** Slices of smoked turkey breast, Havarti cheese and avocado wrapped with fresh spinach.
- 70. CALIFORNIAN WRAP.** Smoked turkey, mixed greens, avocado on a wrap spread with cream cheese and a dab of honey dijon mustard.
- 71. CHICKEN BLT WRAP.** Sliced grilled chicken and strips of smoked bacon rolled with lettuce, tomato, shredded cheese, crisp cucumber slices and ranch dressing.
- 72. CHICKEN COBB WRAP.** Grilled breast of chicken combined with avocado, bleu cheese, bacon, romaine lettuce, tomato, and topped with Parmesan peppercorn dressing.
- 73. CLASSIC BLT WRAP.** Crisp strips of bacon combined with lettuce and tomato on a wrap spread with creamy mayo.

74. **TUNA SALAD WRAP**. INtheBAG's famous Albacore tuna salad rolled up with shredded lettuce and cashews.
75. **CHICKEN SALAD WRAP**. Our own chicken salad rolled in a tortilla with shredded lettuce.
76. **HONEY MUSTARD HAM AND HAVARTI WRAP**. Thin slices of ham and Havarti cheese wrapped with tangy honey mustard slaw, tomato and shredded lettuce.
77. **TUSCAN HAM WRAP**. Premium ham rolled with slices of smoked Gouda and spicy pepper jack cheeses. Topped with roasted red pepper strips and a dash of Parmesan peppercorn dressing.
78. **HAM AND CHEDDAR WRAP**. The classic combo of succulent ham and sharp cheddar wrapped with shredded lettuce.



## Soup Menu

Soup fills you up and soothes your nerves. We have these popular favorites every day.

- Vegetable Beef
- Beef Chili
- California Medley
- Chicken Noodle
- Chicken with Wild Rice
- Wisconsin Cheese
- Tomato Bisque

Individual  
Soup with Crackers  
**\$6.75**

**BULK SOUP WITH CRACKERS,  
BOWLS, SPOONS AND NAPKINS.**  
\$6.25 per person

Rolls and butter \$1.00 per person  
Add a brownie \$1.50 each